



TERMS and CONDITIONS

By filling the registration form - waiver the participants and their escorts accept the terms and conditions of the organization, they have to honor them and respect the suggestions of the organizing committee, the security manager as well as the judges of the race. The athletes understand that they will bike on difficult and challenging mountain terrain and that they will be exposed to the existing weather conditions. Every athlete by filling in and accepting the terms and conditions of the e-registration form, automatically signs a personal statement indicating that he/she participates to the race at their own risk. It is also indicated that the organizing committee bears no responsibility for anything that happens to them or to their athletic equipment, bikes and clothes etc. The committee will stand over and supervise the special stages in order to prevent any incident and will provide medical assistance, if needed, by the medical team and other volunteer teams. Whenever the judges recommend a change of direction in the special stage, for safety reasons, the athletes are obliged to comply with it. Failure to comply leads to disqualification.

RACE REGULATIONS

RACE ROUTE

The race regulations that run the "get2gether enduro mtb" are the official regulations from the International Bicycle Federation "UCI".

The special stages (SS) should be 3 or more and the total time of the stages should be at least 10 min (time of the fastest rider). The stages are mostly downhill with the uphill parts not exceeding the 10% of the total distance.

The way that the liaison stages (LS) will be carried out is at the discretion of the organizing committee. By vehicle provided by the organization, by pedaling or by a combination of those two.

At the start of every special stage there will be a check point.

The start and the finish of every special stage will be clearly marked and they will be ready when the special stages open for trials.

Every wooden construction should have special slip resistant surface. In every difficult pass should be a second safer line.

RACE CHART

The organization should provide a race chart at a visible place at the race day near the registration desk. This chart will be available to every participant and it will be uploaded at the race site. The athletes have to study the map and comprehend the race route before the race.

RACE MARKING

Ribbons will mark the special stages. Wherever there are two ribbon lines on both sides of the stage the athletes should ride between them. At these parts if they bypass, cross or bike outside of the ribbons it will be regarded as a cut through. In order to continue the race they should return at the position where they went wrong. If they continue they will be disqualified.

ATHLETES SAFETY

The organizer is obliged to have an ambulance during the race.

For remote places the athlete has to carry a whistle in case of emergency.

Whenever an athlete becomes aware of an injured fellow athlete it is his duty to inform the next judge he meets. Athlete that will not act in that way, will be disqualified. Athlete that will be delayed while helping an injured co-athlete will have the opportunity to ride again the special stage.

Athlete that is injured should follow doctor's orders. If he /she does not comply he/she will be disqualified.

TRIALS

The organizer has to present and open the special stages for trials at least 2 days before the race and inform the participants when and with what means of transportation will reach the special stages.

The special stages will be closed for all the athletes before the trials. Every athlete that will ride in the stages before the trials will be disqualified. Walking is permitted

in the stages before the trials. During the trials it is forbidden to walk or bike the wrong way in the stages.

TRANSPORTATION

The way the athletes will be transported during the trials will be determined by the organizer before every race. Any athlete disobeying instructions will be disqualified.

SAFETY EQUIPMENT

The athletes are obliged to wear helmet, gloves and eyeglasses during the trials and the race (special stages and liaison stages). During the races they have to wear helmet, gloves, eyeglasses or mask and kneepads. Rider that will not comply with safety rules will be disqualified.

RIDER EQUIPMENT

Each rider should keep in mind that during the trials and the race he/she is responsible for his safety and his equipment. For their own safety participants should have the following items for the trials and the race

- backpack with water
- windbreaker jacket
- first aid kit
- A wheel repair kit
- Tools
- Food
- Whistle

EXTERNAL HELP

The organizer will define the area or the areas where the athletes can receive external ad. The places will be marked for the athletes escorts to know where to find it. Food supply is prohibited. Every athlete's assistant should get from the registration desk a feed zone pass and then they can be present at the designated places marked as "FEED ZONES" and only there. The athletes can change spare parts to their bikes or get food and water supplies by their assistants only at the Feed Zones. In case an athlete receives any from the above out of a feed zone he has a penalty of 5min added to his total time.

PENALTIES

Enduro races take place on mountains that lie in places of natural beauty that also have a great cultural inheritance. Riders should respect the environment and do not act in a negative manner towards it. For that purpose during the race and the trials the following actions will lead to a disqualification of the athlete from the race and the future races of get2gether ENDURO MTB.

- Littering.
- Disturbing other athlete or any unsporting behavior.
 - No compliance with judge's orders.
- Rudeness or bad behavior towards the organizing committee, judges, volunteers etc.
 - Abandonment of a co-athlete that is in need and asks for help.
 - No attendance to the check points.
 - Use of prohibited substances.
- Denial to be checked by the race doctors, whenever that is considered necessary.

- Abandon the race without informing a judge or the check point's chief.

DELAY

Any rider that comes late at the special stage should start the stage following the judge's orders.

Any athlete that does not follow the judge's orders will get a time penalty or be disqualified.

Rider that comes to the special stage later than 30 min of the designated time will be disqualified.

The organizer of the race is responsible for the enforcement of the rules.

DISCLAIMER STATEMENT

The race organizers have the right to forbid any athlete to start the race if there is a relevant medical opinion from the race doctor. Also the race organizers are not responsible for the death or any physical injury that may occur.

All the riders by filling in the registration form and accepting the terms and conditions, declare that they are aware of the dangers that exist on a mountain environment and that their health condition allow them to take part in the race. Every rider is obliged to present a medical certificate if asked by the organizing committee.

The committee disclaims any responsibility to the athletes who have to act in a mature and reasonable way at places in the race where danger of falling with unpleasant or fatal results exists.

The organizing committee, for the safety of the riders, will deputize judges who will be in the special stages and will be responsible to report anything that comes to their attention.

OBJECTIONS

Objections for any reason can be placed from the rider not later than 30 min after his finish and it costs 50 euros. Every objection should be filled in a written report at the registration desk. The decision will be granted from the Chief of judges and the Race manager before the award ceremony and it will be final. Every violation of the rules by the athletes should be reported by the judges 30 min after the finish of the last participant.

ATHLETES BRIEFING

Before every race the Race Organizer has the obligation to brief the athletes about possible changes in rules, timetables etc. They will also be informed about Check Points, Feed Zones etc.

MEDALS

In every race the first 6 of every category will get medals. At the end of all the races of get2gether ENDURO MTB they will be a prize draw for the athletes that took part to the 3 of the 4 races. 3 big prizes will be given.

RACE ROUTE ALTERATION

The organizing committee in collaboration with the judges might alter the routes for the safety of the participants. It might delay the start or cancel or postpone the event due to fierce weather or any other reason. In any case if an alteration occurs it will be announced before the race or at the same day of the race. Any alteration is found necessary can't be challenged by anyone.

PROMOTION

By filling in the registration form every athlete gives permission to the Race Organizer to take photos and videos during the race and the award ceremony for promotional reasons, being aware that his/her face might appear in photos and videos without asking his/her permission. Any claim for compensation is not valid.

TERMS OF PARTICIPATION

- The athletes are obliged to:
 - Be present at the start line 60 min before the start of the race.
- To act throughout the race towards fellow bikers, judges and assistants with athletic spirit.
- To have on their bikes the plate numbers provided. Alterations on the plate numbers are not acceptable.
- At least the 3 first riders of every category are obliged to appear to the awarding ceremony.

And to comply with everything else is stated in race rules.

Anything that is not prescribed at the basic rules of *Greek Cycle Federation* and the *U.C.I.* lies in the discretion of the Race Organizer who has also the right to change the rules, if needed.